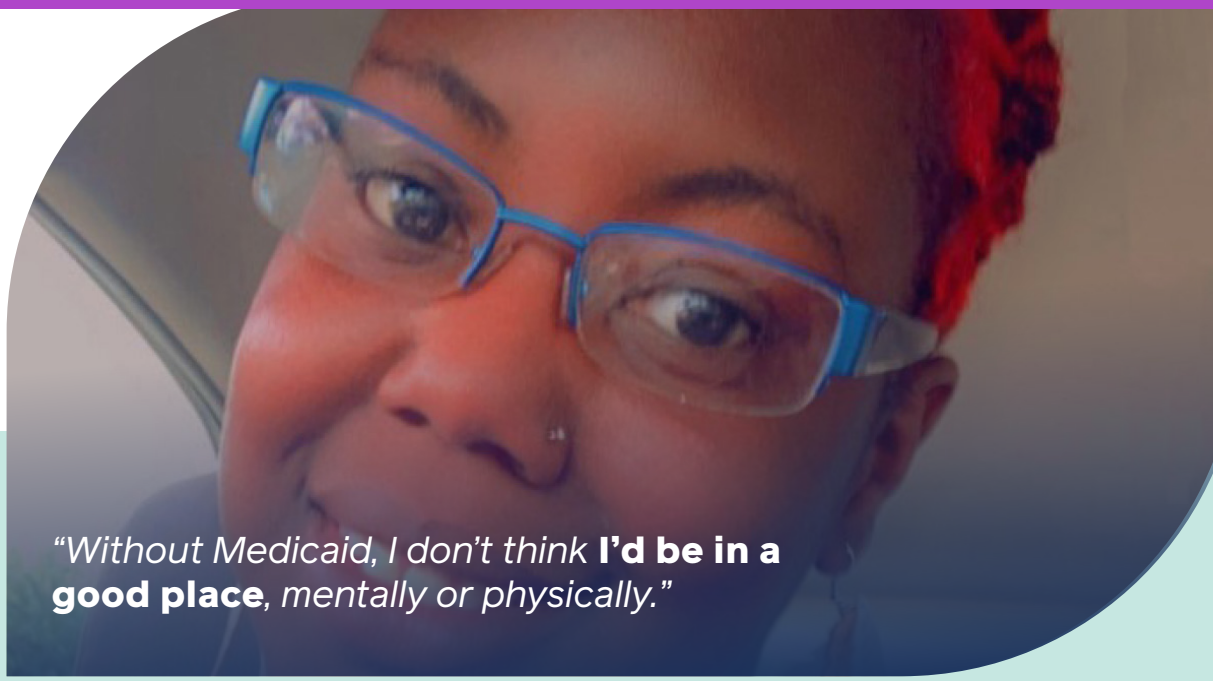

When A Caregiver Needs to Ask for Help

JASMINE C. - TUSCALOOSA, ALABAMA

That's Medicaid shares stories of people covered by Medicaid at critical points in their lives, underscoring the importance of stable health insurance coverage in building a Culture of Health.

As a single mother and full-time day-care employee, **Jasmine** was used to meeting the needs of others. But when an unexpected fall landed her without health insurance, she was the one in need of help.

Due to her injuries, she couldn't work and was laid off. No longer able to pay for private health insurance, she applied for Medicaid. She says that she was back on her feet quickly because of the care she received through the program.

Once her ankle healed, she returned to work and restarted paying for private health insurance. Then, in February of 2021, she contracted Covid-19, and her symptoms were so severe she was unable to work.

She reapplied for Medicaid, which provided care for long-haul covid symptoms.

"**Medicaid has given me access to the care I need to restart my life after unexpected setbacks. Without Medicaid, I don't think I'd be in a good place, mentally or physically. Thanks to Medicaid, I can continue to care for my children without sacrificing my health**," Jasmine says.